



POOL RULES

General Pool Rules

Our pool rules and regulations exist to ensure the safety and comfort of our members and guests. At the discretion of the Director of Sports & Racquets, Sport Program Manager, and/or any member of the Club Lifeguard Team, pool privileges of any individual may be immediately revoked at any time so as to not jeopardize the safety and/or enjoyment of others.

- Members must check in at the podium before entering the pool area.
- Members must register all guests.
- Outside coolers, food, drinks, and glass containers are not allowed in the pool area. All alcoholic beverages that are consumed in the pool area (and on Club property in general) must be purchased from the Club at Glenmore. This is a Virginia ABC licensing requirement.
- No smoking is allowed on the pool deck.
- No pets are permitted in the pool, or on the pool deck.
- Personal radios may be used only at a low volume or with earphones.
- Proper swim attire is required at all times.
- Please practice good hygiene:
 - Showers are available on the pool deck
 - Do not spit in the pool
 - If you have an open wound, do not enter the pool.
- No running, pushing, horseplay, or sitting on shoulders of someone else.
- No diving except in permitted diving areas.
- No floatation devices (rafts, inner tubes, etc.) are permitted; floaties for children are permitted.
- No one is allowed on the lifeguard stands that is not a club-employed Lifeguard.
- Diving blocks are off limits except for swim team use.
- No standing on kickboards.
- Only Club Staff are allowed in the chemical/pump room.
- Lanes are for instructional use or lap swimming use only.

- No sitting on or hanging off of lane lines or the diving board.
- The diving board is only for use when a Lifeguard is in the adjacent stand. Please use the diving board safely:
 - Use the ladder to climb onto board
 - Only one person is allowed on the board at a time
 - Only one bounce while jumping from the board
 - Ensure the area is clear, allow the previous person to swim to the wall before jumping
 - When jumping from the board jump straight out, not to the side
 - No backwards jumping or acrobatics.
- Inclement weather:
 - In the event of lightning or thunder, the pool deck must be cleared for a minimum of 30 minutes, or until all danger has passed.
- The use of Club pools is at your own risk.

Age Rules

- Children must be potty trained to use the pools.
- Swimmers under the age of 12 must be accompanied by a parent or guardian at all times.
- Swimmers under the age of 21 are only permitted in the pool area while a lifeguard is on duty. Note that the lifeguard schedule varies seasonally, and is weather dependent.
- The adult pool is age 21+ only at all times.
- Swimmers age 21+ are permitted to use the adult or family pool without lifeguards being present. Hours for unguarded swimming are dawn to dusk.
- Keys are available to access the pool during unguarded hours.
 - Contact the Director of Sports & Racquets or Sport Program Manager if you need a key.
 - When using a key to access the pool area please be sure to close and lock the gate behind you.
 - Each key has a \$20 deposit which is credited back to a member's account when the keys are returned.
 - Each adult family member that wishes to use the pool while there are no guards on duty needs to have a signed waiver on file.

Guest Policies

Guest access to club aquatics facilities is available as either daily or weekly passes.

- Daily pool passes:
 - Family Members, visits are unlimited.
 - Non-Family Members, visits are limited to twice per month per guest, with a maximum of eight visits per season for any one non-family guest.
 - A maximum of four guests per household are permitted per day.
- Weekly pool passes:
 - Weekly passes are for out-of-town family members wishing to use club aquatics facilities during a longer stay as the guest(s) of Club members.
- Guest passes are obtained by contacting the Director of Sports & Racquets or the Sport Program Manager.
- Guests are not allowed in the pool area during unguarded hours.

Guest Fees

- Daily pool passes:
 - Family Members - \$8.00 per day per guest for access to club aquatics facilities. Visits are unlimited.
 - Non-Family Members - \$13.00 per day per guest for access to club aquatics facilities. Visits are limited to twice per month per guest, with a maximum of eight visits per season for any one non-family guest.
 - A maximum of four guests per household are permitted per day.
- Weekly pool passes:
 - Weekly passes are for out-of-town family members wishing to use club aquatics facilities during a longer stay as the guest(s) of Club members.
 - Weekly passes are \$50.00 per family per week and provide access for the whole out-of-town family to the aquatics facility for up to seven days.